

✦ The Red String Project ✦

IDENTITY, BELIEF, MYTH & MEANING

An immersive series of interconnected collage boards exploring how the stories we inherit shape our identity, memory, and meaning across generations.



About the artist:

Raised in a high-control group, Liz Gale's belief system was shaped by secrecy, mythology, and controlled information.

Shunned and expelled from her own family, she now has to piece the past together the way a detective solves a case—through visual boards, hidden clues, and red string.



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✦ The Red String Project ✦

IDENTITY, BELIEF, MYTH & MEANING

250+
square feet

EIGHT
4'X8'
BOARDS

MULTI-
MEDIA
COLLAGE

STRING
GLUE
PAPER
FABRIC

About the project:

Eight 4x8-foot cork boards, creating over 250 square feet of collage.

Multi-media: historical images, documents, digital art, newsprint, vintage artifacts, magazines, books, personal photos, labels + notes.

Red string connecting themes, timelines, events + hidden relationships.

Can be hung on a wall or displayed on freestanding easels.



The “Motherboard”

This board begins with one family’s generational belief system, the myths they inherited and the stories they were born into.

It traces the line back to the grandmother who joined a cult, including the scandals, tragedies, and mysterious conspiracies exposed along the way.

Topics Explored:

Belief & Identity

- Cults & high-control groups
- Fringe religions
- Occultism & magick
- Gnostic traditions
- Family identity & legacy

Power & Institutions

- Intelligence agencies
- Cold War history
- MK-Ultra, LSD experiments
- Government secrecy & surveillance

Culture & Aftermath

- Counterculture movements
- Propaganda & mass persuasion
- Activism & whistleblowers
- Intergenerational trauma

Myth & History

- Jack Parsons
- NASA
- Aleister Crowley
- Satanic rituals
- Antarctic expeditions
- UFOs, folklore, cryptids
- Hidden histories
- Cultural mythology
- Hypnotism

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Project Overview

The Red String Project is an artistic “detective board” investigation into one family's inherited belief system, mapping myths, secrets, cult history, and generational narratives across 250 square feet of multi-media collage with red string connecting themes, timelines, events + hidden relationships.

Themes & Concept

The myths, secrets, and inherited narratives we grow up with shape how we understand ourselves. The Red String Project visualizes these belief structures—true, strange, or forbidden—revealing the ways identity forms at the intersection of story, memory, and mystery.

Materials & Methods

Large series of 4'x8' collage cork boards on freestanding easels.
Materials: historical & free use photos, digital designs, vintage prints,
Media: cork boards, paper, fabric, string, vinyl & small artifacts
Methods of attachment: glue, tacks, clips, plastic sleeves

Audience Experience

The installation creates emotional resonance through personal testimony and cultural artifacts. Viewers are invited to examine their own inherited stories, question foundational beliefs, and confront the tension between myth, meaning, and truth.

The Artist

Liz Gale is an artist, author, and third-generation former Scientologist who investigates belief, identity, and generational narratives through art. Her work explores inherited myths, secrecy, and the hidden histories that shape personal and cultural meaning.

Performance

Hanging of the string can be viewed as a live performance; a visual representation of examining core belief systems, myths, and mystery.

Liz Gale

artist. author. activist.

Hi, I'm Liz Gale, your friendly (and messy)
third generation ex-Scientologist.

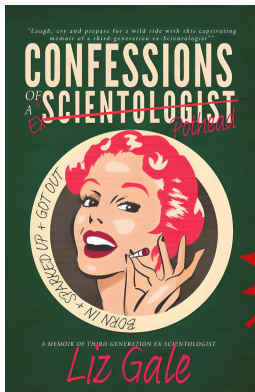
I am a writer, content creator, and collage artist whose work examines the psychological aftermath of coercive control through deeply personal, multidisciplinary storytelling. Drawing from my own experiences growing up, I explore themes of cult influence, propaganda, and counterculture —particularly growign up in a high control group.



my
art



my life



my
book

AVAILABLE
NOW

social
media

weird but true.

- I WAS BORN INTO SCIENTOLOGY
- I WAS SENT TO BOARDING SCHOOL AT 8 YEARS OLD
- I WAS A PAST-LIFE SCIENTOLOGIST
- I LOVE CONSPIRACY THEORIES
- I HAVE A DEGREE IN CHILD & FAMILY STUDIES
- I'M ALL OVER SOCIAL MEDIA



TIKTOK
YOUTUBE



@LIZ_LIZ_GALE_GALE

CONFESSIONS OF AN EX-SCIENTOLOGIST POTHEAD

BORN IN. SPARKED UP. GOT OUT.

by Liz Gale

From her first breath, Liz is destined for life within the mysterious world of Scientology. Explore the secret scriptures, haunting scandals... and the courage it takes to break free.

AVAILABLE ON AMAZON IN PAPERBACK & E-BOOK

- ✓ Humor
- ✓ Readability
- ✓ Storytelling
- ✓ Writing Style
- ✓ Authenticity
- ✓ Heartwarming

2 more books
Coming Soon!

